



Family Welcome Letter 2024

If you have any questions, please email

campnefesh@gmail.com

or visit our website www.campnefesh.com

Welcome to Camp Nefesh!

History

Camp Nefesh was created by teenagers in 2018 to welcome new arrivals to the United States. We provide a safe, fun space for your children to learn, play, and grow. Summer camp is a great opportunity for all children to make friends, learn more about their new country, and have fun!

Camp Nefesh is teen-led and relies on donations and volunteers from the community to keep it running. Our partners are local refugee resettlement agencies, and Congregation B'nai Israel, a local Jewish synagogue. Camp Nefesh is free for all participants. Camp Nefesh is a secular camp and respects participants of all religions.

A Typical Day

We will have camp every weekday (Monday through Friday) during week 1 June 17-21 or week 2 June 24-28 from 9:00 am-4:00 pm at Congregation B'nai Israel (3600 Riverside Blvd, Sacramento, CA 95818). All food provided is halal. We will be providing lunch and snacks, but feel free to send your children with food if they are picky or have dietary restrictions. The day will include games, activities, challenges, and other fun camp programming. The camp structure allows children to form close relationships with counselors and make strong friendships with other campers.

Activities

On Wednesday (June 19th/ June 26th) we will have a **field trip to Land Park**, where we will be able to enjoy the outdoors, play games, and enjoy the playground. On Friday (June 21st/ June 28th) we will have **water play day**. Please send your campers with an extra change of clothes that can get wet and a towel, as they are likely to get wet.

Everyday we will have whole camp activities as well as small group activities. Your children will get to choose between 3 types of activities: art, outdoor games/spots, and indoor board/card games. This will allow campers to have a fun camp experience, as they can choose to do activities along with siblings/friends and form stronger bonds with new friends with similar interests .

Transportation and Health Measures

If you requested transportation, transportation will be provided through adult volunteers (18+) who will be picking up from the campers' home and taking them to camp in the morning (between 8:30-9:00 am) The volunteers will also be dropping them off at their houses once camp has finished

(between 4:00-4:30 pm). We request that all campers, volunteers and staff stay home if they do not feel well and have cold/flu symptoms.